

Special Olympics Nationale Spelen Breda & Tilburg 2024		Chronoloog Special Olympics Nationale Spelen ATLETIEK, ZONDAG 16 Juni 2024		SPRINT			
08:30	Juryvergadering		definitief	15-6-2024			
09:00	Headcoachesvergadering				JB 23-3-24		
Aanvang	Looponderdelen		Technische onderdelen				
			Ver	Kogel	Hoog	Bal	Minispeer
09:30	100m	9:30: M01,					
09:35		9:35: M02,					
09:40		9:40: M03,					
09:45		9:45: M04,					
09:50		9:50: M05,					
09:55		9:55: M06,					
10:00		10:00: M07,					
10:05		10:05: M08,					
10:10		10:10: M9					
10:15		10:15: M10					
10:20		10:20: M11,					
10:25		10:25: M12,	10:25	M01			
10:30		10:30: M13,	10:30	4 kg			
10:35		10:35: M14	10:35	M02			
10:40		10:40: M15	10:40	M01	4 kg	M01	
10:45		10:45: M16	10:45				
10:50	100m	10:50: F01,	10:50	M03			
10:55		10:55: F02,	10:55	4 kg			
11:00		11:00: F03,	11:00	M02		M01	
11:05		11:05: F04,	11:05				
11:10		11:10: F05,	11:10	M04			
11:15		11:15: F06,	11:15	4 kg			
11:20		11:20: F07,	11:20	M03			
11:25		11:25: F08,	11:25				
11:30	100m	11:30: M01	11:30	M05			
11:35	Fraserun	11:35: M02	11:35	4 kg			
11:40		11:40: F01	11:40	M04			
11:45		11:45: F02	11:45				
11:50		11:50: F03	11:50	M06			
11:55		11:55: F04	11:55	4 kg			
12:00			12:00				
12:05	200m	12:05: F01,	12:05	M05		M02	
12:10		12:10: F02,	12:10				
12:15		12:15: F03,	12:15	M07			
12:20		12:20: F04,	12:20	4 kg			
12:25		12:25: F05,	12:25	M06			
12:30		12:30: F06,	12:30				
12:35		12:35: F07,	12:35	M08			
12:40		12:40: F08,	12:40	4 kg			
12:45	200m	12:45: F01	12:45	M07			
12:50	Fraserun	12:50: F02	12:50				
12:55		12:55: F03	12:55	M09			
13:00		13:00: F04	13:00	4 kg			
13:05	Pauze		13:05	M10			
13:10			13:10				
13:15			13:15				
13:20			13:20				
13:25			13:25				
13:30			13:30				
13:35			13:35				
13:40			13:40				
13:45	200m	13:45: M01	13:45	M01			
13:50	Fraserun	13:50: M02	13:50	uit stand	F01		
13:55	200m	13:55: M01	13:55		F02		C01
14:00		14:00: M02	14:00	F01	3 kg		
14:05		14:05: M03,	14:05				F01
14:10		14:10: M04,	14:10		F03		300 gr
14:15		14:15: M05,	14:15	F02	3 kg		F02
14:20		14:20: M06,	14:20				300 gr
14:25		14:25: M07,	14:25				F03
14:30		14:30: M08,	14:30		F04		300 gr
14:35		14:35: M09,	14:35	F03	3 kg		
14:40		14:40: M10,	14:40				
14:45		14:45: M11,	14:45				
14:50		14:50: M12,	14:50		F05		
14:55			14:55		3 kg		
15:00	1500m	15:00: M01,	15:00				
15:05		15:10: M02,	15:05				
15:10		15:10: M03,	15:10		F06		
15:15		15:20: M04,	15:15		3 kg		M01
15:20			15:20				400 gr
15:25			15:25				
15:30			15:30				M02
15:35			15:35				400 gr
15:40			15:40				
15:45	50m	15:45: M01,	15:45				M03
15:50			15:50				400 gr
15:55			15:55				
16:00	400m	16:00: F01,	16:00		M11		M04
16:05		16:05: F02,	16:05		4 kg		400 gr
16:10		16:10: F03,	16:10				
16:15		16:15: F04,					
16:20		16:20: M01,					
16:25		16:25: M02,					
16:30		16:30: M03,					
16:35		16:35: M04,					
16:40		16:40: M05,					
16:45		16:45: M06,					
16:50		16:50: M07,					
16:55		16:55: M08,					
17:00		17:00: M09,					
17:05							
17:10	800m	17:10: F01,					
17:15							
17:20							
17:25							
17:30							
17:35							
17:40							
17:45							
17:50	Leeftijdsgroepen:						
17:55	8-15	man1	vrouw1				
18:00	16+	man2	vrouw2	Juryteam 1	Juryteam 2	Juryteam 3	
	lage vaardigheid						
				Meldtijden:			
M	man						- Looponderdelen: 15 minuten voor start in de
F	vrouw						callroom voor de looponderdelen.
01	divisie nr.						- Technische onderdelen: 10 minuten voor de
							start bij het onderdeel.